

# HOOF BEATS



THE QUARTERLY NEWSLETTER OF  
RISING STARR HORSE RESCUE

SPRING 2021 VOL. 3

Boarding \* Lessons \* Leasing \* Life Coaching \* Equine Yoga \* Team Building \* School and Youth Programs

## 2021 STARTED OUT WITH A BANG!

### HIGH POINT CHAMPIONS

On February 15th, in the early morning hours, RSHR's Athletic Equestrian League set out for Northport, NY to compete with other AEL riders in under saddle, over fences and practicum quizzes. It was a long day with tough competition, but Rising Starr's team excelled. The team walked away with nine high point champion ribbons, including the team champion! RSHR helped the other teams with stirrup adjustments and saddle changes. True rock stars, on and off the horses!

### RISING STARR AND STANDFAST ALLIANCE OFFERS RESILIENT RIDING

First Responders and Veterans can enjoy a Resiliency lesson provided by StandFast Alliance prior to a variety of activities offered by RSHR. These activities include horseback riding, trail riding, a life coaching session or equine yoga. This program is free to First Responders and Veterans. Spaces are limited. Call 203-257-8345 today! For more information on StandFast Alliance, visit [wwwStandFastAlliance.org](http://wwwStandFastAlliance.org)



*Dedicated to strengthening  
the resilience of First  
Responders, Military and their  
families.*



Left to right: Coach Sarah Dzhus, Jillian Santangeli, Ava Craig, Coach Kelly Stackpole. Missing: Liv Robertson, Ginny Johnson, Kira Bonheim, Mia Sciarretta, Piper Bloom, Cece Mulhern and Avery Taft

### SO MANY ADOPTIONS!

Eight horses found their forever homes in the first two months of 2021.

Congratulations to:

Drew, Chesapeake, Luna, Tessa, T.J. Bear, Silver, Thunder and Freya!



RSHR'S ANNUAL GALA  
SEPTEMBER 25, 2021

Sponsorship and Volunteer  
Opportunities

*More information on page 4*



# RISING STARR

# SUMMER RIDING PROGRAM

ALL LEVELS  
AGES 5-12

## HORSE RESCUE

LIMITED SPACES  
REGISTER TODAY

**Daily Riding Lessons**

**General Horsemanship**

**Arts, Crafts, Games**

Visit our website for more information and to download the Registration form

INDEPENDENT RIDING PROGRAM AVAILABLE FOR 13+

Call the office for details (203)-762-6046



## VOLUNTEER SPOTLIGHT

Tess Browning

Tess Browning has been volunteering with Rising Starr Horse Rescue since 2015. She helped RSHR raise money for Griffin, our very first rescue, by standing outside of Stop and Shop asking for donations. Tess is an original member of our Junior Board and spends almost every Saturday and Sunday morning helping out at the barn. Her favorite horse to ride is Rollo, and her favorite rescue is Rumi. Tess will attend Post University in the Fall. Thankfully it is not too far away, so we hope Tess will visit when she can! Thank you, Tess, for your commitment and dedication to RSHR!

## FEATURED RESCUE



Blaze is a 14.2h 14 year old QH mare. She loves trail rides and swimming! We believe Blaze was used as a brood mare before being sent to a Kansas kill pen. Blaze is ready to find her forever home. Please contact RSHR about adopting this sweet, loving mare.



## YOGA WITH THE HORSES STARTS UP AGAIN NEXT MONTH

Join us in the barn for yoga as the rescue horses observe our practice. This class is open to all levels and abilities. Designed to help you slow down, focus, and reconnect with the fire within, This class will leave you feeling empowered and at peace. Please bring a beach towel to place under your mat. Pre-registration required. Look for announcements on our Social Media.

# SUPPORT THE SAFE ACT!

***Every horse is just one bad sale away from the slaughterhouse.***

## **What is the SAFE Act?**

The Safe Act is the acronym for the Safeguard American Food Exports Act (H.R. 961/S.2006).

## **What does the SAFE Act do?**

The Safe Act would prevent horse slaughter factories from opening in the US and end the export of horses abroad for slaughter for human consumption.



## **Why Support the SAFE Act?**

Horse slaughter is fundamentally cruel and cannot be completed in a "humane" way. Horses are transported in overcrowded trucks, sometimes for days, without food or water. Many horses are injured, and some even die during transit. Once at the slaughterhouse, the horses endure numerous blows to the head before being slaughtered. While this action alone is sufficient to stop horse slaughter, there are other factors, too. Horses in the US are not raised for consumption. Many receive unregulated toxic substances over the course of their lives. Some of these substances can cause potentially fatal diseases in humans. There is no tracking system to identify what substances a horse has been given over its life span.

Everyone who wants to permanently stop the slaughter of America's horses and eliminate transportation of equines from the U.S. to Canada, Mexico, and any other country for the purpose of slaughter needs to become proactive and contact their elected officials.



**Please contact your Representatives and Senators and ask them to co-sponsor the SAFE Act, H.R. 961/S.2006). Go to [www.usa.gov](http://www.usa.gov) to find your Representatives' contact information.**

# MEDITATING WITH HORSES

WEBINAR WITH CATHY MALKIN

A FUNDRAISER BENEFITING  
RISING STARR HORSE RESCUE



Experience how meditating with horses calms your mind, enhances your heart-connection and strengthens your relationship in a peaceful open-hearted way.

Monday, April 19 | 7:30pm – 8:30pm ET  
Online | By Phone | On Demand via ZOOM  
\$50 Donation | Advance registration required.



[RisingStarrHorseRescue.org](http://RisingStarrHorseRescue.org)

  
**Animal Muse.**  
[animalmuse.com](http://animalmuse.com)

Cathy will be using pictures of our rescue horses for the meditation.

Register at: <https://meditate.givesmart.com>



## STARRY NIGHT GALA

Hitch Your Wagon to a Starr

We are having our 3rd annual Gala on September 25th at the farm. Meet and Greet is at the barn with the horses. Cocktails, Dinner, Live Music, Dancing and Live Auctions will be in the indoor arena. If you are interested in volunteering on the Gala Committee, or wish to be a sponsor of the event, please email Nancy at [RSHR.EVENTS@GMAIL.COM](mailto:RSHR.EVENTS@GMAIL.COM)

***WE ARE LOOKING FOR SPONSORS!***